

09.8.2024

Author

ROBOTHAM, David

Title

Stress among higher education students : towards a research agenda

Publication year

2008

Source/Footnote

In: Higher education. - 56 (2008) 6, S. 735 - 746

Inventory number

25057

Keywords

Ausland : Großbritannien : Studium, Studenten, Lehre ; Studentenschaft : Studienverhalten ;
Studentenschaft : gesundheitliche Lage ; Studentenschaft : soziale Lage

Abstract

This article has two primary aims. Firstly, it provides a critical review of previous studies into student stress and identifies several important issues that, as yet, have not been explored. There has been no consideration of the effect of students maturing during their studies on the stress that they experience and how they cope with that stress. Secondly, the article highlights limitations in the past and present literature base, where there has been a concentration on a quantitative approach, and focus on a narrow range of subject groups. There is also a need to undertake longitudinal research to investigate individuals' stress experiences during the period they study at university. Overall the key assertion here is that thus far research into student stress has not offered a complete account and explanation of students' stress experiences. (HRK / Abstract übernommen) Robotham, David, E-Mail: drobotham@dmu.ac.uk